

School Meals



Providing food
for thought



RELIABLE | RESPONSIVE | CARING

SOLUTIONS SK

A Stockport Council Company

Solutions SK's award winning catering team provides over 16,000 school meals a day (over 3 million meals a year) to over 100 of Stockport's schools including nurseries, infant, junior, secondary and special schools.



Our menus meet the Government's nutritional and food based standards and are analysed by specialist nutritional software. They provide well balanced healthy choices children will eat and enjoy, encouraging pupils to try and taste different foods.

Stockport's school meals are prepared in schools by our professionally qualified catering employees. We are committed to providing a value for money school meals service offering quality ingredients. In 2009 our primary school meals increased by 6%, which we feel is testament to the quality and standard provided.

Working in partnership with schools and the council, we are committed to promoting the health and welfare of children and young people. The service works with schools to assist them in obtaining the 'Healthy Schools' accreditation and also supports the Government's 'Million Meals Campaign' and 'Every Child Matters' programme. You can be assured that your child's wellbeing is our top priority.

We procure food via reputable suppliers to ensure quality and full traceability. Foods are sourced as locally as possible to reduce food miles and protect the environment. Our menus feature the following produce:

- Marine Stewardship Council (MSC) fish sourced from sustainably managed fisheries
- Farm assured meat
- British chicken
- Free range eggs and mayonnaise
- Salad bars available in all schools
- Therapeutic and cultural diets/foods upon request

We have stringent food safety systems in place and all our kitchens are inspected and scored annually by Stockport's Environmental Health Officers.



Primary School Meals

If your child is already attending or starting school it is important that they get an enjoyable, healthy and nutritious meal. A school lunch can provide up to three of the five daily recommended portions of fruit and vegetables and constitutes up to one third of your child's recommended daily nutrients.

We do not serve deep fried foods in primary schools. All products/dishes are either steamed, boiled or oven baked to maintain optimal nutritional content.

The website www.myschoollunch.co.uk/stockport is a dedicated resource for primary school children, parents and teachers. Children can join Deano's password protected club, meet his friends, enter competitions, win great prizes, play educational games on the interactive funfair and learn more about the nutritional benefits of different types of foods.

Secondary School Meals

Our menus have been designed to offer students a good choice of imaginative and interesting dishes, from a full roast dinner to lighter, healthy options from our deli bars.

All foods are oven baked, not fried, except for chips (available once a week). Non fried potato options are also on offer. At least two low fat fillings are available daily for sandwiches, salads or jacket potatoes. 'Meal Deals' are available daily. Menu items and further information can be found on our dedicated website www.yougo4it.co.uk/stockport

For more information, contact us. We are always happy to listen to your valuable feedback.



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